

# IMMEDIATE DENTURES

Info and Booking Timeline Including Post-Op Return Visits



Dr. G.S. Tatra Inc

Immediately after your teeth are removed, the denture will be placed in your mouth. The appliance will act like a bandage to the affected areas, and needs to be left in place for a full 48 hours after your surgery. To control facial swelling/bruising, use an ice compress on affected side(s) for 20 minutes on and 20 minutes off—for the first 24 hours. Gentle biting pressure on the denture is good: it will promote clotting and will decrease the initial flow of blood. Slight bleeding can last 2-3 days. Leave the denture in for 2 days.

Limit your diet to soft nurturing foods and plenty of fluids for the first week. Listen carefully to your body. It will tell you if something is too hard for you to bite. Sleep with the denture in your mouth for the first week unless otherwise instructed by Dr. Tatra. See *“Post-Operative Instructions”*

Two Days after surgery you will return to the office so that Dr. Tatra can remove the denture and check healing. He will also make adjustments at this time if needed for a good fit.

From that day forward, carefully remove the denture twice a day and clean with a denture brush and

cleanser (do not use toothpaste as it puts scratches on the denture). Rinse your mouth with warm water. See *‘Caring For Your Denture’*



Before



After

You will experience sore spots caused by the denture having uneven pressure distribution on the gums as they change shape. An adjustment appointment will fix this problem. Sore spots are normal and frequent during the healing phase, especially during the first 3 months after your teeth are extracted

Due to the rapid gum shrinkage that occurs within the first 12 months after extractions, you will go through periods of a loose-fitting denture. We can re-fit the denture with a healing liner. This is a normal process that all new denture-wearers must go through.

# IMMEDIATE DENTURES

## Info and Booking Timeline Including Post-Op Return Visits



Dr. G.S. Tatra Inc

Following the healing period (12 months post extraction), a rebase will be performed to remove all temporary liners and to make the denture fit properly. Rebases will be required every 2 years after that to account for normal changes to the mouth.

### YOUR APPOINTMENTS SCHEDULE

[1] Preliminary Impressions, 30 minutes,  
\_\_\_\_\_ at \_\_\_\_\_

A deposit of 50% of the fees is due at this time.

[2] Custom Tray Impressions, 20 minutes,  
\_\_\_\_\_ at \_\_\_\_\_

[3] Wax Bite Registry and Colour, 20 Minutes  
\_\_\_\_\_ at \_\_\_\_\_

[4] Try In and Final Approval, 20 Minutes  
\_\_\_\_\_ at \_\_\_\_\_

[5] Insert Denture, \_\_\_\_\_  
Minutes  
\_\_\_\_\_ at \_\_\_\_\_

Final payment is due in full at this time.

[6] First Adjustment of Fit, 20-30 Minutes  
Booked 2 days after surgery  
\_\_\_\_\_ at \_\_\_\_\_

[7] 2<sup>nd</sup> Adjustment, 20 Minutes, 1 week  
later\*  
\_\_\_\_\_ at \_\_\_\_\_

[8] 3<sup>rd</sup> Adjustment, 20 Minutes, 1 week  
later\*  
\_\_\_\_\_ at \_\_\_\_\_

[9] 4<sup>th</sup> Adjustment, 20 Minutes, 2 weeks  
later\*  
\_\_\_\_\_ at \_\_\_\_\_

[10] 5<sup>th</sup> Adjustment, 20 Minutes, 2 weeks\*  
later\*  
\_\_\_\_\_ at \_\_\_\_\_

[11] 6<sup>th</sup> Adjustment, 20 Min, 2 weeks later\*  
\_\_\_\_\_ at \_\_\_\_\_

[12] As Needed Adjustment, 20 Minutes\*  
Call to book for more adjustments  
\_\_\_\_\_ at \_\_\_\_\_

**\*NOTE: You should return as often as needed for adjustments, coming more often than the above schedule if you have any discomfort or looseness.**

1 Year After Insertion Date, Check Up  
Exam

If the denture is fitting poorly more adjustments will be made, and a soft liner added. Then they should fit very well, and should be sent to the lab 1-2 days later to have a Rebase done to keep the dentures fitting well.

[1] Annual Exam and Adjustments  
\_\_\_\_\_ at \_\_\_\_\_

[2] Reline Denture when fitting correctly  
Drop Off in Morning to send to the Lab

\_\_\_\_\_ at \_\_\_\_\_  
Return that evening to pick up dentures

\_\_\_\_\_ at \_\_\_\_\_